



ARANWA

SACRED VALLEY | HOTEL & WELLNESS

SPA & WELLNESS CENTER

Price List

OUR WELLNESS TREATMENTS

HYDROTHERAPY

Basic Circuit	1 hour	US \$ 50
Basic Thermal Circuit	1 ½ hours	US \$ 110
Intermediate Thermal Circuit	2 hours	US \$ 150
Advanced Thermal Circuit	2 ½ hours	US \$ 175
Water circuit	45 min.	US \$ 85
Water circuit with mineral salts	45 min.	US \$ 110
Vichy Shower	25 min.	US \$ 55



MASSAGE THERAPY

Swedish massage	50 min.	US \$ 77
	70 min.	US \$ 99
Therapeutic massage	50 min.	US \$ 77
	70 min.	US \$ 99
Deep-tissue massage	50 min.	US \$ 110
	70 min.	US \$ 99
Reflexology	35 min.	US \$ 60
Shiatsu	70 min.	US \$ 99
Lymphatic drainage	50 min.	US \$ 77
	70 min.	US \$ 110
Four hand massage	30 min.	US \$ 99
	60 min.	US \$ 150
Cranio-sacral massage (back)	30 min.	US \$ 60
Circulatory massage	30 min.	US \$ 60
Facial massage with aroma	25 min.	US \$ 60
Couple massage	50 min.	US \$ 180 (x 2)
	70 min.	US \$ 230 (x2)





BODY TREATMENTS

Scrub with salts and aromatherapy	50 min.	US \$ 77
Classic Anti-stress wrap with minerals	50 min.	US \$ 100
Hydrating wrap with essences	50 min.	US \$ 110
Classic rejuvenation wrap with mud	50 min.	US \$ 110
Detoxifying and slimming wrap with algae	50 min.	US \$ 110
Anti-cellulite and slimming wrap with green coffee	50 min.	US \$ 110

FACIAL TREATMENTS

Facial with aromatherapy	45 min.	US \$ 80
Deep facial cleansing for women	70 min.	US \$ 88
Deep facial cleansing for men	70 min.	US \$ 88
Rosacea Facial	60 min.	US \$ 110
Sensitive Skin Facial	70 min.	US \$ 99
Facial Rejuvenation for women	60 min.	US \$ 120
Facial Rejuvenation for men	60 min.	US \$ 120
Bio-molecular lifting facial	60 min.	US \$ 120
Oxygen facial	60 min.	US \$ 120
Eye Contour Treatment	25 min.	US \$ 35



ANDEAN SIGNATURE TREATMENTS

Andean Purification ritual:	1 person	90 min.	US \$ 300 <i>per person</i>
	2 people	90 min.	US \$ 250 <i>per person</i>
	7 people	90 min.	US \$ 120 <i>per person</i>
Sacred coca leaf reading		20 min.	US \$ 50
Hot stone massage		70 min.	US \$ 99
Hamay massage		70 min.	US \$ 99
Pinda massage		50 min.	US \$ 99
Gemstone therapy		15 min.	US \$ 44
Body scrub with Mara's salts		50 min.	US \$ 77
Body scrub with Mara's salts & Vichy shower		50 min.	US \$ 88
Body scrub with Mara's salts, Vichy shower & Watsu (<i>underwater massage</i>)		50 min.	US \$ 110
Natural exfoliation Miski Mystic		40 min.	US \$ 99
Mystic massage & wrap on Stone bed		50 min.	US \$ 110
Andean mud wrap		50 min.	US \$ 110



Hot stone massage



Shirodhara

AYURVEDA

Yoga session	60 min.	US \$ 70
Ayurvedic massage	50 min.	US \$ 77
Abyangha Massage (four hands)	30 min.	US \$ 99
	60 min.	US \$ 165
Shirodhara	30 min.	US \$ 121
Ayurvedic Massage with Shirodhara	80 min.	US \$ 154

OXYGENOTHERAPY

Oxygen Relax	20 min.	US \$ 60
Hyperbaric Chamber	90 min.	US \$ 300

ELECTROTHERAPY

Esthetic Ultrasound	25 min.	US \$ 40
Circulatory acupressure	30 min.	US \$ 66
Post-surgery acupressure	60 min.	US \$ 88
Microcurrents for recovery	25 min.	US \$ 44
Microcurrents for body firming	50 min.	US \$ 66
Cavistar slimming treatment	60 min.	US \$ 150
Sculpting endemotherapy	50 min.	US \$ 80
Cavistar slimming treatment & endemotherapy	90 min.	US \$ 200
Firming bio-molecular accelerator	50 min.	US \$ 132
Diamond Peel	40 min.	US \$ 70

ALTERNATIVE MEDICINE

Chinese acupuncture	30 min.	US \$ 40
Moxibustion	30 min.	US \$ 20
Auriculotherapy	30 min.	US \$ 30
Syntergetics	30 min.	US \$ 50
Hyperthermia baths	30 min.	US \$ 50
Nutritional workshop	30 min.	US \$ 30
Lifestyle workshop	30 min.	US \$ 70



BEAUTY SALON

Hair

Hair rejuvenation	30 min.	US \$ 55
Hair conditioning	50 min.	US \$ 28
Hair style (short hair)	30 min.	US \$ 17
Hair style (short hair)	40 min.	US \$ 20
Hair cut (for men)	25 min.	US \$ 18

Waxing

Full leg	40 min.	US \$ 30
Half leg	20 min.	US \$ 25
Bikini	5 min.	US \$ 20
Underarm	5 min.	US \$ 17
Lip	5 min.	US \$ 11
Forehead	5 min.	US \$ 17
Brow	5 min.	US \$ 11

Make up

Eye makeup	20 min.	US \$ 30
Full makeup	40 min.	US \$ 40
Professional Bridal makeup	40 min.	US \$ 55

Hands & Feet

Manicure	30 min.	US \$ 25
French or American manicure	30 min.	US \$ 30
Pedicure	45 min.	US \$ 45
Moisturizing hand treatment (paraffin wax)	30 min.	US \$ 35
Moisturizing hand treatment (mask)	30 min.	US \$ 35
Moisturizing foot treatment (paraffin wax)	40 min.	US \$ 50
Moisturizing foot treatment (mask)	40 min.	US \$ 50



Others

Alternative medicine examination	30 min.	US \$ 60
Endocrinologist examination	30 min.	US \$ 300
Hyperbaric medical examination	30 min.	US \$ 60
Nutritional examination	30 min.	US \$ 300
Psychological examination	30 min.	US \$ 60
Solar bed	up to 20 min.	US \$ 300
Pilates lesson	50 min.	US \$ 60
Dancing lesson	60 min.	US \$ 35
Gym with personal trainer	60 min.	US \$ 35
Walk with personal trainer	60 min.	US \$ 30



DAY SPA

Enjoy a group of treatments specially created to suit your needs.

RELAX

Express Relaxation (2 hours)

Water circuit in private suite

Hydrotherapy with salts and aromatherapy or hydrotherapy with herbal infusion

Swedish massage or therapeutic massage

Price: \$ 180

Traditional Oriental Relaxation (3 hours)

Ayurvedic Massage

Shirodhara

Yoga session

Price: \$ 250

Mineralizing oxygen Relax (4 hours)

Water circuit in private suite

Hydrotherapy with anti-stress salts

Anti-stress mineral wrap

Swedish massage or therapeutic massage

Facial with aroma and oxygen

Price: \$ 380

WELLNESS

Classic Thermal Wellness (3 hours)

Thermal circuit
Mud therapy
Essential oil shower
Swedish Massage / Massage Therapy (70 min)
Price: \$ 225

Executive Wellness (4 hours)

Intermediate Thermal Circuit
Relieving massage
Facial massage with aromatherapy
Oxygen relax
Price: \$ 340

Wellness Thermal Plus (4 hours)

Thermal circuit
Mud therapy
Essential oil shower
Relieving massage
Oxygen relax
Pressure Therapy
Price: \$ 340



ANTI-AGING

Bio-molecular Anti-aging (3.5 hours)

Oxygen relax
Massage Hamay
Oxygen Facial with antioxidant serum
Bio molecular Facelift
Price: \$ 300

Ayurvedic Anti-Aging (3.5 hours)

Oxygen relaxation chamber
Medical Diagnosis
Ayurvedic Face Massage
Ayurvedic Body Massage
Ayurvedic Foot Massage
Bio molecular face lift with firming serum
Shower oxygen facial
Price: \$ 300

Anti-Aging Air Bubble (4 hours)

Medical Specialist Control
Hyperbaric Chamber / Oxygen air bubble
Bio molecular face lift with antioxidant serum
Pilates Session
Price: \$ 490



BEAUTY

Beauty Flash (3 hours)

Body Scrub
Hydrating Wrap
Relaxing massage with oil and aroma
Deep cleansing facial with moisturizing mask
Facial Cell activator massage
Price: \$ 290

Beauty for Him (3 hours)

Body scrub with salts
Vichy Shower
Facial Cleansing with moisturizing serum
Eye Contour Treatment (bags and dark circles)
Cranio-sacral massage
Reflexology
Price: \$ 280

Body Slim (3 hours)

Exfoliation with salts
Vichy Shower
Anti-cellulite Ultrasound
Pressure Therapy
Massage with reducing substances
Green coffee anti-cellulite wrap
Price: \$ 280

Body Firming (3 hours)

Price: \$ 280
Exfoliation with salts
Vichy Shower
Firming Microcurrent treatment
Bio-molecular acceleration
Massage with firming substances

EXCLUSIVELY ANDEAN DAY SPA

Andean Healing (3 hours)

Inca Sauna
Exfoliation with Maras' salts
Peruvian Heated Stone Massage
Crystal therapy
Price: \$ 250

Andean Cleansing (4 hours)

Inca Ritual
Inca Sauna
Boulder shower
Exfoliation with Maras' salts
Wrap and massage on stone bed
Souvenir
Price: \$ 310

Additionally, it includes hot chocolate and cereal bar.



SENIOR DAY SPA

Golden Years (2 hours)

Oxygen Relax Bar
Cranio-sacral Massage
Feet Reflexology
Price: \$ 170

Golden Years Thermal (4 hours)

Medical Diagnosis and guidance
Footbath
Circuit Leisure Pool
Lodarium
Scottish Shower
Scented Shower
Reflexology Massage
Cranio-sacral Massage
Price: \$ 250

You will also have access to Pilates lessons, nutritional and lifestyle guidance by a professional.



WANAKUY DAY SPA

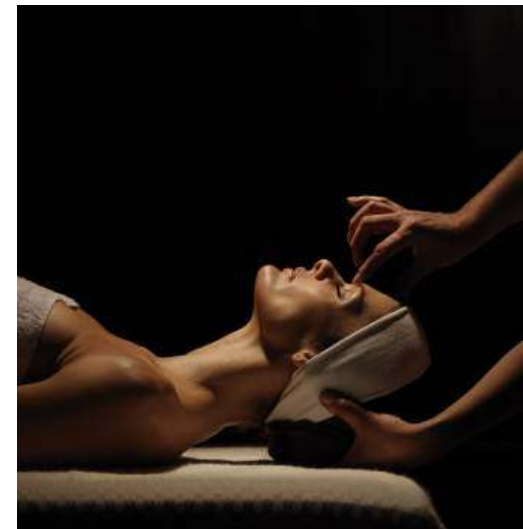
Wanakuy 1 (2 hours)

Foot Reflexology Massage
Hands Reflexology Massage
Shiatsu Facial
Manicure
Price: \$ 125

Wanakuy 2 (4 hours)

Oxygen Relaxation
Circulatory Massage
Foot Reflexology
Facial Reflexology
Price: \$ 180

Handicapped people visiting the Spa will be able to use specially equipped areas with adequate stretchers, toilets and will be attended by our qualified staff.



ROMANTIC SPA DAYS

Iskay Munanakuy - Love (2.5 hours)

Water Circuits (Steam room + Dry sauna)
Hydrotherapy with Scented Salts
Relaxing Massage
Champagne
Fruit Bar
Souvenir
Access to Rest Area
Price: \$ 300

Kinty - Couple (4 hours)

Water Circuits (Steam room + Dry sauna)
Hydrotherapy with Scented Salts
Exfoliation with Salts
Hamay Massage or Peruvian Heated Stone Massage
Manicure or Pedicure
Champagne
Fruit Bar
Letter from the hotel
Souvenir
Access to Rest Area
Price: \$ 520

Made in the privacy of a private suite inside the Spa



ALTERNATIVE MEDICINE

Unblocking Chakras (2 hours)
Examination and energy diagnosis
Chinese Acupuncture
Moxibustion
Foot reflexology
Price: \$ 199

Yin & Yang Balance (4 hours)
Examination and energy diagnosis
Chinese Acupuncture
Moxibustion
Shiatsu
Price: \$ 220

You will also have access to Pilates lessons, gym with a personal trainer, nutritional and lifestyle counselling. Please see our schedules.



WEDDING DAY SPA

Salon for Her (3 hours)

Hairstyle with tiara
Professional bridal Makeup
Manicure
Pedicure
Price: \$ 150

Salon for Him (2 hours)

Hair cut
Ampoule sealer
Manicure
Pedicure
Price: \$ 100

Maid of Honor / Mother of the Bride Salon (2 hours)

Hairstyle
Makeup
Manicure
Price: \$ 100

Spa for Her (4 hours)

Water Circuits (Steam room + Dry sauna)
Misky Body Scrub
Relaxing Scented Massage
Manicure or Pedicure
Bio-molecular face lift
Souvenir
Price: \$ 290

Maid Of Honor / Mother of the Bride Spa (3 hours)

Relaxing Massage
Facial renewal with Firming Serum
Hand and Foot renewal
Price: \$ 250

Bachelorette Party (4 hours)

Basic Thermal Circuit
Relaxing Massage 50min
Champagne
Wedding Souvenir
Price: \$ 150



USEFUL INFORMATION

SPA ENVIRONMENT

Aranwa's Spa is a sanctuary for our guests. Cell phones, Blackberry or other electronic devices are not permitted in order to keep the spa area quiet and to protect your privacy. If you wish to receive messages during your time with us, please let our spa staff know and we'd be happy to assist you.

RESERVATIONS

To book an appointment, please contact our Reservations Department at +51 1 434-1452. Hotel guests can receive further information about treatments and make reservations by calling directly from their rooms to the Spa or Front Desk, where our staff will gladly answer all your questions.

CANCELLATION POLICY

If you must reschedule or cancel an a la carte appointment, please notify the Spa 24 hours in advance to avoid being charged for the service. Cancellation of a package requires 15 days notice.

HOURS OF OPERATION

Spa Facility: Mondays - Sundays. From 8 a.m. - 10 p.m.
Please note our fitness center and pools are open for hotel guests, as well.

SPA ARRIVAL & ETIQUETTE

We recommend that you arrive before your first scheduled appointment. This allows you to familiarize yourself with the facilities and surroundings allowing you time to relax before and after your treatment. Please note, all treatments end on time regardless of the start time. Please leave your jewelry and valuables in your room safe or hotel safe.

HEALTH MATTERS

Please inform us of any health conditions at the time of booking your appointment. These include: high blood pressure, heart condition, allergies or pregnancy. Also, consumption of alcohol before, during or directly after spa treatments is not recommended. You will also be asked to complete a medical history form upon arrival at the spa so your spa professional can better customize your experience to your needs.

SPA ATTIRE

You will receive a robe, slippers and other amenities you may need during your stay, and a locker for your personal belongings. For your comfort, undergarments may be worn during treatments, but rest assured our therapists are highly trained in correct draping procedures for your complete privacy. Swimsuits are required in some areas of the spa.

MAKING THE MOST OF THE EXPERIENCE

To further enhance your spa experience, we recommend beginning with traditional spa hot facilities. To increase the movement of toxins from your body, you can choose steam room or outdoor whirlpool. This helps to open up breathing, cleanse and detoxify and warm the muscles. Following this with a cooling activity - a cold shower or a cold drink - is an invigorating way to bring your body temperature back to normal before your treatment.

SPA EXPERIENCE COORDINATORS

All of our Spa Experience Coordinators are available to assist you in customizing your own personal experience, from planning your treatments to answering any of your questions or concerns. Whether in the spa or by phone they will be happy to assist you.

* Rates are expressed in US dollars and are subject to change.

Aranwa. Feel the magic, live the experience!



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